

WASHINGTONIAN

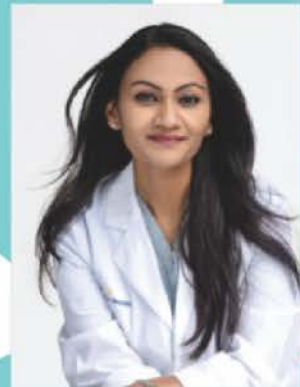
TOP DOCTORS

Our annual guide to the area's best physicians, chosen by their peers.
Did your doctor make the list?





MORE
THAN 2,000
OF THE
REGION'S
BEST
PHYSICIANS,
CHOSEN
BY THEIR
PEERS.
DID YOUR
DOCTOR
MAKE THE
LIST?





- ALLERGY/IMMUNOLOGY
- BREAST-CANCER SURGERY
- CARDIAC SURGERY
- CARDIOLOGY
- CARDIOLOGY, INTERVENTIONAL
- COLON AND RECTAL SURGERY
- DERMATOLOGY
- ENDOCRINOLOGY
- FAMILY MEDICINE
- FOOT SURGERY
- GASTROENTEROLOGY
- GENERAL SURGERY 1
- GERIATRICS 1
- GYNECOLOGICAL ONCOLOGY 1
- HAND SURGERY 1
- INFECTIOUS DISEASES 1
- INFERTILITY 1
- INTERNAL MEDICINE 1
- MEDICAL GENETICS 1
- NEPHROLOGY 1
- NEUROLOGY 1
- NEUROSURGERY 1
- OBSTETRICS/GYNECOLOGY 1
- ONCOLOGY/HEMATOLOGY 1
- OPHTHALMOLOGY 1
- ORTHOPEDICS 1
- OTOLARYNGOLOGY 1
- PAIN MANAGEMENT 1
- PEDIATRICS 1
- PLASTIC SURGERY 1
- PSYCHIATRY 1
- PULMONOLOGY 1
- RADIATION THERAPY 1
- RADIOLOGY, INTERVENTIONAL 1
- REHABILITATION 1
- RHEUMATOLOGY 1
- SLEEP MEDICINE 1
- SPINAL SURGERY 1
- SPORTS MEDICINE 1
- THORACIC SURGERY 1
- TRANSPLANT SURGERY 1
- UROLOGY 1
- VASCULAR SURGERY 1



If you were to find a lump in your breast or you had a cough that wouldn't quit or your child were diagnosed with diabetes, you'd want a knowledgeable doctor you could trust. • To find that person, you might ask your primary-care physician for a recommendation. For this list of the area's Top Doctors, we did something similar: We mailed ballots to more than 13,000 physicians in the region, asking them which doctors they'd choose for themselves and their loved ones. We believe that doctors, who see one another's work, are the best judges of medical skill. • The result of our peer balloting is this list of more than 2,000 top physicians in 43 specialties. • There were some ground rules: Doctors could submit only one ballot, could not vote for themselves or their partners, and had to provide a current medical-license number to vote. (For more on the process, see page 80.) • For each listing, we give the address and phone number of the physician's main office (many have multiple locations) and, for those who provided them, some special interests. • Just because a doctor's name appears here doesn't mean that practitioner is right for you. But we hope this list is a resource that can help you find the care you need—and make what might be a scary medical journey a little less scary.

TOP DOCTORS ONLINE

Visit washingtonian.com/topdoctors to see this list in a searchable database, available by November 21.

ATTENTION, TOP DOCTORS!

To update, amend, or correct anything in the Top Doctors listing at washingtonian.com/topdoctors, please email the new information to topdoctors@washingtonian.com.

Separate votes were taken for the top pediatric specialists in some categories. Doctors with a "pediatrics" designation were voted onto the list specifically as pediatric specialists.

WAIT! MY DOCTOR IS NOT ON THE LIST!

I thought my physician was good, but I don't see her name here. Should I go to someone else?

Not if you like and trust your doctor. The physicians on this list received the most votes from other physicians, but there are reasons why a perfectly good doctor may not get as many votes. Practitioners who are newer, are in out-of-the-way locations, or are not part of a large medical group or network may not get as many nominations.

I don't see some specialties here, like anesthesiology.

You won't find, say, radiologists or anesthesiologists because patients usually don't select them—they're chosen by the physician treating you, often in an emergency. (You won't find ER doctors here either, for similar reasons.) We also tend not to list fields with relatively few practitioners to vote for. And we don't include alternative and complementary medicine such as chiropractic.

Can a doctor just buy an ad to get on this list?

Absolutely not. The only way for a doctor to get on this list is by receiving enough votes from his peers. After doctors were notified that they'd made this year's Top Doctors list, some chose to buy advertising. But many did not.

Don't doctors just vote for their friends?

Some may vote for colleagues who happen to be friends, but that doesn't mean the colleague doesn't deserve the recognition. If you asked a physician for a referral, she'd probably suggest someone she knows and likes. That said, everyone had to get a minimum number of votes—and we adjusted for suspicious voting patterns. And we didn't include doctors without checking whether they've recently been the subject of a malpractice judgment or disciplinary action by a local medical board.

I went to a doctor on this list and it was an awful experience.

We're sorry. Doctors nominate peers because of their skill with a scalpel or ability to diagnose a condition. They may not know a fellow physician's bedside manner or have any idea if the reception desk is unfriendly and the billing department inefficient. Ultimately, you are the best judge of whether a particular practitioner is right for you.

HAVE YOU SEEN PATIENTS TAKE BETTER OR WORSE CARE OF THEMSELVES SINCE THE PANDEMIC?

"AFTER THE INITIAL 'PARTY TIME,' WHEN EVERYONE BAKED BREAD AND SWEETS AND DRANK TOO MUCH ALCOHOL, I FOUND THAT, INITIALLY, WOMAN USED THEIR FORMER COMMUTE TIME TO WALK OR WORK OUT, SPEND MORE TIME WITH FAMILY, AND PREPARE HEALTHY MEALS. UNFORTUNATELY, THAT HAS, FOR NOT A FEW, DEVOLVED INTO SLEEPING IN AND GRABBING 'WHATEVER' BEFORE SIGNING IN TO NEVER-ENDING ZOOMS, INTERFERING WITH WORK/LIFE BALANCE."

Heather L. Johnson
Obstetrics/
Gynecology



Joshua S. Yamamoto

3301 New Mexico Ave., NW; 202-243-0271.

Kambiz Yazdani

1990 Old Bridge Rd., Woodbridge; 703-492-6822; also Stafford.

Cardiology, Interventional

Interventional cardiologists use catheterization techniques to diagnose and treat coronary-artery disease with procedures such as balloon angioplasty and stenting.

Khalid Abousy

7617 Little River Tpk., Annandale; 877-415-4116; also Woodbridge, Stafford.

David L. Ain

1221 Mercantile Ln., Largo; 800-777-7904. *Special interest in vascular medicine, endovascular intervention.*

Ather Anis

19450 Deerfield Ave., Leesburg; 571-252-8119.

Itshac Itsik Ben-Dor

110 Irving St., NW; 202-877-5975.

Kambee Berenji

2022 Opitz Blvd., Woodbridge; 571-398-2341.

Natalia Berry

8008 Westpark Dr., McLean; 800-777-7904.

Harry J. Bigham Jr.

6410 Rockledge Dr., Bethesda; 301-897-5301.

Jeremy Seth Bock

1851 N. George Mason Dr., Arlington; 703-717-7780. *Special interest in complex coronary interventions, endovascular intervention for peripheral arterial disease, pulmonary-embolism intervention.*

David M. Brill

11886 Healing Way, Silver Spring; 240-637-7000; also Rockville.

Lindsey A. Cilia

2901 Telestar Ct., Falls Church; 703-621-4501; also Alexandria.

Yuri A. Deychak

15005 Shady Grove Rd., Rockville; 240-238-3760; also Bethesda.

Zayd A. Eldadah

110 Irving St., NW; 202-877-7685; also Frederick, Wheaton, Fairfax.

Kelly Epps-Anderson

8081 Innovation Park Dr., Fairfax; 571-472-2900; also Falls Church.

Jack L. Flyer

5530 Wisconsin Ave., Chevy Chase; 301-656-5050; also Northwest DC.

Dennis C. Friedman

15225 Shady Grove Rd., Rockville; 301-670-3000; also Germantown, Silver Spring.

Benjamin Z. Galper

8008 Westpark Dr., McLean; 800-777-7904; also Stafford.

Hayder D. Hashim

110 Irving St., NW; 202-877-5975.

Edward Howard

1005 N. Glebe Rd., Arlington; 703-621-4501.

Ahsan Q. Jafir

15195 Heathcote Blvd., Haymarket; 571-284-4370; also Warrenton, Gainesville, Manassas.

Joshua Kanter

111 Michigan Ave., NW; 888-884-2327. *Pediatrics.*

Charanjit S. Khurana

1851 N. George Mason Dr., Arlington; 703-717-7780.



Obstetrics/ Gynecology

Obstetricians and gynecologists specialize in pregnancy and labor and in the treatment of diseases of the female genital tract and reproductive organs.

Tara S. Abraham

5215 Loughboro Rd., NW; 202-243-3500.
Special interest in fertility evaluation, minimally invasive surgery, adolescent gynecology.

Alf K. Adler

17739 Main St., Dumfries; 703-649-2787.
Special interest in da Vinci robotic surgery, minimally invasive surgery.

Aditi Agarwal

6355 Walker Ln., Alexandria; 703-719-5901.

Kenneth Ahdoot

4660 Kenmore Ave., Alexandria; 703-370-4300; also Alexandria, Arlington.

Syeda Naureen Alam

10215 Fernwood Rd., Bethesda; 301-530-2235; also Rockville.

Marc C. Alembik

2296 Opitz Blvd., Woodbridge; 703-878-0740; also Stafford, Lorton.

Margaret N. Alexander

9100 Old Georgetown Rd., Bethesda; 301-564-4966.
Special interest in abnormal uterine bleeding, fibroids, ovarian cysts.

Glenna R. Andersen

8501 Arlington Blvd., Fairfax; 703-560-1611.

Jacqueline Apgar

10215 Fernwood Rd., Bethesda; 301-530-2235; also Rockville.

Tamika Auguste

106 Irving St., NW; 202-877-9992.

Homayara Aziz

10632 Little Patuxent Pkwy., Columbia; 410-775-6430.

Bandhana K. Bajaj

2120 L St., NW; 202-331-9293.

Darryn M. Band

10313 Georgia Ave., Silver Spring; 301-681-9101; also Rockville.

Patricia Z. Bannon

6845 Elm St., McLean; 703-748-9880.

Diane P. Barrett

46179 Westlake Dr., Potomac Falls; 703-430-7770; also Leesburg.

Susanne L. Bathgate

2150 Pennsylvania Ave., NW; 202-741-2500.

Richard J. Beckerman

5215 Loughboro Rd., NW; 202-243-3500.

Tobie E. Beckerman

11140 Rockville Pike, Rockville; 301-230-1488.

Steve Behram

14995 Shady Grove Rd., Rockville; 301-294-8525.

Karen L. Blackburn

10401 Old Georgetown Rd., Bethesda; 301-897-0945.

Kenneth A. Blank

2120 L St., NW; 202-331-9293.
Special interest in polycystic-ovary syndrome, menopause.

Andrew B. Block

2101 Medical Park Dr., Silver Spring; 301-468-0073; also Rockville, Laurel.

Stella Lii Blosser

5999 Burke Commons Rd., Burke; 703-249-7700.
Special interest in minimally invasive surgery, fibroids.

Colleen M. Borelli

1635 N. George Mason Dr., Arlington; 703-525-8800.

Gloria Bowles-Johnson

2233 Wisconsin Ave., NW; 202-481-1070.

Megan E. Breen

2233 Wisconsin Ave., NW; 202-481-1060.

Kathleen Bren

5215 Loughboro Rd., NW; 202-243-3500.

Jessica T. Bullard

10701 Rosemary Dr., Manassas; 703-257-3000.

Brendan F. Burke

4200 Wisconsin Ave., NW; 202-295-0544; also Northwest DC.

Margaret Burke

2233 Wisconsin Ave., NW; 202-481-1060; also Northwest DC.

Rebecca J. Busch

1133 21st St., NW; 202-331-1740; also Falls Church.

Kimberly Campbell-Arendell

6845 Elm St., McLean; 703-748-9880.

Maria P. Canter

1860 Town Center Dr., Reston; 703-293-5239.

Charelle Carter-Brooks

4920 Elm St., Bethesda; 202-903-0660; also Northwest DC.

Eric S. Chang

125 Hospital Center Blvd., Stafford; 540-368-9472; also Fredericksburg.

Shawn Davis-Wilensky

5215 Loughboro Rd., NW; 202-243-3500.

Rasha Ebeid

8316 Arlington Blvd., Fairfax; 703-687-6783.

Maria Cecilia Eguiguren

2233 Wisconsin Ave., NW; 202-481-1060; also Northwest DC.

Mohammed Elkousy

1850 Town Center Pkwy., Reston; 703-435-1454; also Leesburg, Fairfax.
Special interest in maternal fetal medicine.

J. Jeffrey Elliott

1635 N. George Mason Dr., Arlington; 703-525-8800.

Evelyn S. Felluca

1860 Town Center Dr., Reston; 703-796-0200.

Jill A. Finkelstein

700 Second St., NE; 202-346-3000.

Vivian M. Fraga

5454 Wisconsin Ave., Chevy Chase; 301-654-2182.

Nancy D. Gaba

2150 Pennsylvania Ave., NW; 202-741-2500.
Special interest in menopause, cervical dysplasia, gynecological care for breast-cancer survivors.

Sarita Gopal

3998 Fair Ridge Dr., Fairfax; 703-359-5900.

Carolyn M. Gorman

700 Second St., NE; 202-346-3000.

Shannon B. Green

5215 Loughboro Rd., NW; 202-243-3500.

Nancy Hafner

8316 Arlington Blvd., Fairfax; 703-698-2066.
Special interest in menopause, abnormal Pap smear, adolescents.

Elizabeth H. Harman

700 Second St., NE; 202-346-3000.

Neda Hashemi

14701 Lee Hwy., Centreville; 703-830-4388.

Camilla C. Hersh

1800 Town Center Dr., Reston; 703-435-2555.

Susan Butler Hurson

3301 New Mexico Ave., NW; 202-362-9872.

Cheryl B. Iglesias

1133 21st St., NW; 202-877-6526; also Northwest DC, Rockville, McLean.

Sara N. Iqbal

106 Irving St., NW; 202-877-6093.

Jo'Ann Jackson

407 N. Washington St., Falls Church; 703-533-9211; also Northwest DC.

Roxanne Jamshidi

2150 Pennsylvania Ave., NW; 202-741-2500; also Bethesda.

Marilyn C. Jerome

5215 Loughboro Rd., NW; 202-243-3500.

Heather L. Johnson

1133 21st St., NW; 202-331-1740; also Chevy Chase.

Alfreda Jones

1830 Town Center Dr., Reston; 703-437-0001; also Leesburg.

Dipa M. Joshi

8501 Arlington Blvd., Fairfax; 703-560-1611.

Lori M. Kaler

10401 Old Georgetown Rd., Bethesda; 301-897-0945.
Special interest in adolescent gynecology, menopause and perimenopause, pelvic-floor dysfunction.

Jennifer Mendillo Keller

2150 Pennsylvania Ave., NW; 202-741-2500.

Kanwal Khan

14631 Lee Hwy., Centreville; 703-830-1950; also Chantilly.

Kristin Mae Knight

8008 Westpark Dr., McLean; 703-287-6400.

Deepali N. Kothary

5999 Burke Commons Rd., Burke; 703-249-7700.

Chi-Tsui Vivian Liang

201 N. Washington St., Falls Church; 800-777-7904.

Lynne J. Lightfoote

5215 Loughboro Rd., NW; 202-243-3500.
Special interest in high-risk pregnancy, fibroids.

Mary Lindberg

8501 Arlington Blvd., Fairfax; 703-560-1611.

Randolph Lizardo

10313 Georgia Ave., Silver Spring; 301-681-9101; also Rockville.

Eugene Louie-Ng

7915 Lake Manassas Dr., Gainesville; 571-261-3529; also Leesburg.

Joan E. Loveland

4001 Brandywine St., NW; 202-449-9570.

Darya B. Maanavi

8501 Arlington Blvd., Fairfax; 703-560-1611.

Steven S. Maggid

2301 Research Blvd., Rockville; 301-424-3444; also Silver Spring.

Karen R. Maser

8505 Arlington Blvd., Fairfax; 703-560-9070; also Fairfax.

Leslie B. Masiky

9420 Key West Ave., Rockville; 301-654-2275.

Mary C. Melancon

106 Irving St., NW; 202-877-9992; also Mitchellville, Northwest DC.

Lauren Messinger

5215 Loughboro Rd., NW; 202-243-3500.

Bitu Motesharrei

1401 Chain Bridge Rd., McLean; 703-356-7700.

Shawana Mufti

3930 Pender Dr., Fairfax; 571-249-0717.

Scott A. Osmun

4001 Brandywine St., NW; 202-449-9570.

Lynsey C. Owen

950 S. George Mason Dr., Arlington; 703-717-7313.

Nichole A. Pardo

5215 Loughboro Rd., NW; 202-244-3523.

Sona Patel-Grimm

3025 Hamaker Ct., Fairfax; 703-698-8060; also Fairfax.

Special interest in normal/high-risk pregnancy, minimally invasive surgery, adolescent gynecology.

Laura T. Pickford

13135 Lee Jackson Memorial Hwy., Fairfax; 703-264-7801.

Amy E. Porter

431 Park Ave., Falls Church; 703-528-6300; also Reston.

Aliya P. Poshni

9420 Key West Ave., Rockville; 301-654-2275.
Special interest in minimally invasive and robotic surgery, menopause, high-risk obstetric care.

Susanne Lashgari Prather

1635 N. George Mason Dr., Arlington; 703-525-8800.

Hania Qutub

201 N. Washington St., Falls Church; 703-237-4000.

Amanda E. Rohn

1625 N. George Mason Dr., Arlington; 703-717-4600.

Julian E. Safran

2141 K St., NW; 202-331-9293.

Carla C. Sandy

12201 Plum Orchard Dr., Silver Spring; 301-572-1000.

Jennifer R. Santiago

6355 Walker Ln., Alexandria; 703-719-5901.

Kari Schichor

2120 L St., NW; 202-331-9293.

Manpreet Sen

5620 Ager Rd., Hyattsville; 800-777-7904.

Arshad M. Sheikh

11886 Healing Way, Silver Spring; 240-637-6000.

Anne B. Shrout

10313 Georgia Ave., Silver Spring; 301-681-9101.

M. Heather Sine

10313 Georgia Ave., Silver Spring; 301-681-9101; also Rockville.

Diane J. Snyder

6301 Executive Blvd., Rockville; 301-770-4967.

Michelle Spector

9711 Medical Center Dr., Rockville; 301-762-5501.

AnneMarie Spooner

21475 Ridgetop Cir., Sterling; 703-858-2811.



*Back row Left to Right: Katherine Strike, CNM, WHNP-BC; Reepa Shah, MD; Tiffany Leray, WHNP-BC; Ahmad Kerr, MD; Jo'Ann Jackson, MD; Tsion Ketema, MD; Heather Johnson, MD; Ashley Smith, MD; Amanda Onyewuenyi, MD
 Front Row left to right Mariam Gomaa, MD; Sheetal Dedania, MD; Jennifer Lanoff, WHNP-BC, NCMP, MSN –RN, JD; Michele Tabaie, MSN,FNP-C; Andrew Engel, MD; Mary Abraham, MD; Shivani Patel, MD; and Lauren Muangman, MD
 Not pictured: Rebecca Busch, MD; Stephen Thompson, MD, Clara Perkins, DNP, WHNP-BC; Sharon Kressel, MD; Rebecca Garbose, MD; Rohini Boddu, MD.*

Reiter, Hill & Johnson

Top Doctors 2023 | Obstetrics Gynecology

AN ADVANTIA HEALTH PRACTICE

Reiter, Hill & Johnson is a trusted healthcare resource for all our patients. We leverage the most current medical research and innovation to be able to provide the best possible care. We offer a friendly environment, safeguard your privacy, and are committed to serving our patients' needs. We welcome, respect, and encourage your participation as we make healthcare decisions together.

We serve women of all ages and strive to offer the best services, including preventative well woman care, pregnancy and prenatal care, childbirth, family planning, menopause care, disease treatment, and genetic testing. Alongside great care, Reiter, Hill & Johnson is pioneering care models that align incentives with the best interests of women and their families.

With three locations in the DC area, there are convenient options for all schedules. Reiter, Hill & Johnson welcomes new patients as well as those who are already a part of our family, and we look forward to providing excellent care for generations to come.

OFFERING THREE DMV LOCATIONS:

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