



## Dr. Heather Johnson OB GYN and Author

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<https://askdrheatherjohnson.com>

- “I felt like I had the opportunity to have one super long doctor’s visit and get all of my questions answered.”
- “It’s like having a conversation with a friend who happens to be an expert in the field.”
- “Written with humor and love this book is a must read for anyone wanting to become pregnant or for those of us who have been there and can really appreciate the stories Dr. Johnson shares.”

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## Speaking Topics

- \* **PREGNANCY: Preconception, Pregnancy and Postpartum Life** -- Fact filled, up-to-date and humorous discussion of her book, *What They Don’t Tell You About Having a Baby: An Obstetrician’s Unofficial Guide to Preconception, Pregnancy and Post Partum Life.*
- \* **OB / GYN TOPICS: Fill in the Blank** -- Dr J has decades of experience, learning and patient interactions on all things OB and GYN related and more.
- \* **MENOPAUSE: Perimenopause, Menopause, and Postmenopause** -- One of Dr. J’s favorite topics from personal and patient experience, and insights into her new upcoming book, *What They Don’t Tell You About “Menopause”: A Gynecologist’s Unofficial Guide to Premenopausal, Perimenopausal and Postmenopausal Life.*

## Dr. J’s Bio

Dr. Heather Johnson, a senior partner at RHJN in the Washington, DC metro area and an author, is an actively practicing GYN and recently retired OB after delivering babies for 40 years. In her book, [\*What They Don’t Tell You About Having a Baby: An Obstetrician’s Unofficial Guide to Preconception, Pregnancy, and Postpartum Life.\*](#) she shares what she has learned throughout her career to assist parents and parents-to-be of all ages.

- \* M.D. at Yale University School of Medicine
- \* Residency training in OB GYN at Walter Reed Army Medical Center
- \* Served in the U.S. Army for eight years prior to going into private practice.
- \* Board Certified in Obstetrics and Gynecology
- \* Fellow of the American College of Obstetrics and Gynecology (ACOG)
- \* Fellow of the American College of Surgeons (ACS)



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