



### PREGNANCY Book Reviews

- \* "I felt like I had the opportunity to have one super long doctor's visit and get all of my questions answered."
- \* "It's like having a conversation with a friend who happens to be an expert in the field."
- \* "Written with humor and love this book is a must read for anyone wanting to become pregnant or for those of us who have been there and can really appreciate the stories Dr. Johnson shares."

## Dr. Heather Johnson OB-GYN and Author

<https://askdrheatherjohnson.com>

[info@askdrheatherjohnson.com](mailto:info@askdrheatherjohnson.com)

### MENOPAUSE Book Reviews

- \* "I wish this book had been written several years ago! Dr. J shares her medical knowledge in a way that is easy to read, & covers everything you didn't have time and didn't know to ask on your last office visit. I am very thankful for this book!"
- \* "Very helpful in answering nagging, anxious and frustrating menopausal questions. It helped to clear up some of the ERT/HRT anxiety, so I should have that discussion with my doctor for help."

# askdrheatherjohnson\*.com

## Speaking Topics

- \* **PREGNANCY: Preconception, Pregnancy and Postpartum Life** –Dr. J's knowledge and expertise to assist parents & parents-to-be of all ages are discussed in her book, [\*What They Don't Tell You About Having a Baby: An Obstetrician's Unofficial Guide to Preconception, Pregnancy and Post Partum Life.\*](#)
- \* **MENOPAUSE: Perimenopause, Menopause, and Postmenopause** -- One of Dr. J's favorite topics from personal and patient experience, her knowledge & expertise to assist women during their menopausal journey are discussed in her book, [\*What They Don't Tell You About "Menopause": A Gynecologist's Unofficial Guide to Premenopausal, Perimenopausal and Postmenopausal Life.\*](#)
- \* **OB / GYN TOPICS: Fill in the Blank!** – Dr. Johnson has decades of experience, learning and patient interactions on all things OB and GYN related, and more.

## Dr. J's Bio

**Dr. Heather L. Johnson** is an award winning, board certified, actively practicing gynecologist and, after delivering more than 3,500 babies over 40 years, a recently retired obstetrician. In her books about pregnancy and menopause, she shares what she has learned throughout her career, fact-filled and up-to-date medical insights, humorous anecdotes, and "Dr. J's Pearls" of bite-sized advice & information.

- \* Senior partner at Reiter, Hill & Johnson, an Advantia practice, with offices in Washington, DC, Chevy Chase, MD and Falls Church, VA
- \* M.D. at Yale University School of Medicine
- \* Residency training in OB GYN at Walter Reed Army Medical Center
- \* Served in the U.S. Army for eight years prior to going into private practice.
- \* Board Certified in Obstetrics and Gynecology
- \* Fellow of the American College of Obstetrics and Gynecology (ACOG)
- \* Fellow of the American College of Surgeons (ACS)



[@askdrheatherjohnson](#)



[@askdrheatherjohnson](#)



[@askdrjohnson](#)



[Dr. Heather L. Johnson](#)