



# askdrheatherjohnson\*.com

*\*Ob-Gyn Insights & Advice: From Pregnancy to Menopause\**

## ABOUT DR. JOHNSON

*Dr. Heather L. Johnson is an award winning, board certified, actively practicing gynecologist and, after delivering more than 3,500 babies over 40 years, a recently retired obstetrician. In her books about pregnancy and menopause, she shares what she has learned throughout her career, fact-filled and up-to-date medical insights, humorous anecdotes, and "Dr. J's Pearls" of bite-sized advice & information.*

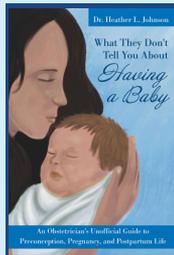
- \*Senior partner at Reiter, Hill & Johnson, an Advantia practice, with offices in DC, MD & VA
- \*M.D. at Yale University School of Medicine
- \*Residency training in OB GYN at Walter Reed Army Medical Center
- \*Served in the U.S. Army for 8 years prior to going into private practice
- \*Board Certified in Obstetrics and Gynecology
- \*Fellow of the American College of Obstetrics and Gynecology (ACOG)
- \*Fellow of the American College of Surgeons (ACS)

## TOPICS OF EXPERTISE

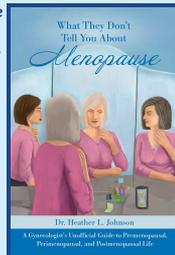
- \* **PREGNANCY:** Preconception, Pregnancy and Postpartum Life -- Dr. J's knowledge and expertise to assist parents & parents-to-be of all ages are discussed in her book, *What They Don't Tell You About Having a Baby: An Obstetrician's Unofficial Guide to Preconception, Pregnancy and Post Partum Life.*
- \* **MENOPAUSE:** Perimenopause, Menopause, and Postmenopause -- One of Dr. J's favorite topics from personal and patient experience, her knowledge & expertise to assist women during their menopausal journey are discussed in her book, *What They Don't Tell You About Menopause: A Gynecologist's Unofficial Guide to Premenopausal, Perimenopausal and Postmenopausal Life.*
- \* **OB / GYN TOPICS:** Fill in the Blank! -- Dr. Johnson has decades of experience, learning and patient interactions on all things OB and GYN related, and more.

## WHAT THE READERS ARE SAYING...

- \* "I felt like I had the opportunity to have one super long doctor's visit and get all of my questions answered."
- \* "Written with humor and love this book is a must read for anyone wanting to become pregnant or for those of us who have been there & can really appreciate the stories Dr. Johnson shares."
- \* "As a physician, and as a mother, I can't recommend this book enough. It is a treasure trove of relatable stories & reliable information from one of the DC Metro area's most esteemed physicians. It is a great read for anyone considering motherhood."



- \* "I wish this book had been written several years ago! Dr. J shares her medical knowledge in a way that is easy to read, & covers everything you didn't have time and didn't know to ask on your last office visit. I am very thankful for this book!"
- \* "Very helpful in answering nagging, anxious and frustrating menopausal questions. It helped to clear up some of the ERT/HRT anxiety, so I should have that discussion with my doctor for help."
- \* "Just what I needed! Thanks Dr. Johnson! This book explained so much of what I was feeling and didn't know was connected to menopause. I love the tone, honesty, and transparency of this book! Thanks Dr. Johnson! You've come through for me yet again!"



info@askdrheatherjohnson.com

askdrheatherjohnson  
askdrheatherjohnson  
@askdrjohnson

Available on  
**amazon.com** **BARNES & NOBLE**  
Paperback/Kindle Paperback/Nook

[HTTPS://WWW.ASKDRHEATHERJOHNSON.COM](https://www.askdrheatherjohnson.com)