

## Speaker Info

# Dr. Heather L. Johnson

OB/GYN, Author

## TOPICS OF EXPERTISE

### **PREGNANCY: Preconception, Pregnancy and Postpartum Life**

Dr. Johnson has decades of knowledge and expertise from assisting parents & parents-to-be of all ages. She discusses pregnancy facts that are detailed in her book, *What They Don't Tell You About Having a Baby: An Obstetrician's Unofficial Guide to Preconception, Pregnancy and Post Partum Life.*

### **MENOPAUSE: Perimenopause, Menopause, and Postmenopause**

One of Dr. J's favorite topics, from personal and patient experience, is her knowledge & expertise in assisting women during their menopausal journey. She details what to expect in her talks and in her book, *What They Don't Tell You About Menopause: A Gynecologist's Unofficial Guide to Premenopausal, Perimenopausal and Postmenopausal Life.*

### **OB/GYN TOPICS: Fill-in the Blank**

Dr. Johnson has more than four decades of experience in all things OB and GYN. She is capable of providing valuable insight on most topics in the field. She is consistently one of the most highly rated speakers in the medical community on matters of women's reproductive health.

Email	<a href="mailto:info@askdrheatherjohnson.com">info@askdrheatherjohnson.com</a>
Web	<a href="https://askdrheatherjohnson.com">https://askdrheatherjohnson.com</a>
Facebook	<a href="https://www.facebook.com/askdrheatherjohnson">askdrheatherjohnson</a>
Instagram	<a href="https://www.instagram.com/askdrheatherjohnson">@askdrheatherjohnson</a>
Twitter	<a href="https://twitter.com/askdrjohnson">@askdrjohnson</a>



## ABOUT DR. JOHNSON

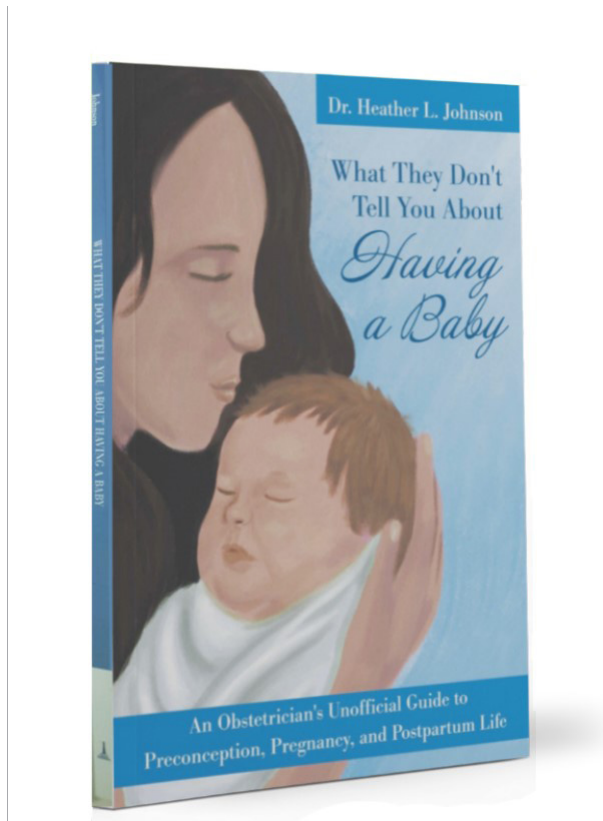
Dr. Heather L. Johnson is an award winning, board certified, actively practicing gynecologist and, after delivering more than 3,500 babies over 40 years, a recently retired obstetrician. In her books about pregnancy and menopause, she shares what she has learned throughout her career, fact-filled and up-to-date medical insights, humorous anecdotes, and "Dr. J's Pearls", bite-sized advice and information.

## PROFESSIONAL CREDENTIALS

- Senior partner at Reiter, Hill & Johnson, an Advantia practice, with offices in DC, MD & VA
- M.D. from Yale University School of Medicine
- Residency training in OB GYN at Walter Reed Army Medical Center
- Served in the U.S. Army for 8 years prior to private practice
- Board Certified in Obstetrics and Gynecology
- Fellow of the American College of Obstetrics and Gynecology (ACOG)
- Fellow of the American College of Surgeons (ACS)

## Speaker Info, Dr. Heather L. Johnson, con't.

### WHAT HER READERS ARE SAYING



#### **What They Don't Tell You About Having A Baby** An Obstetrician's Unofficial Guide to Preconception, Pregnancy, and Postpartum Life

"I felt like I had the opportunity to have one super long doctor's visit and get all of my questions answered."

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"Written with humor and love this book is a must read for anyone wanting to become pregnant or for those of us who have been there & can really appreciate the stories Dr. Johnson shares."

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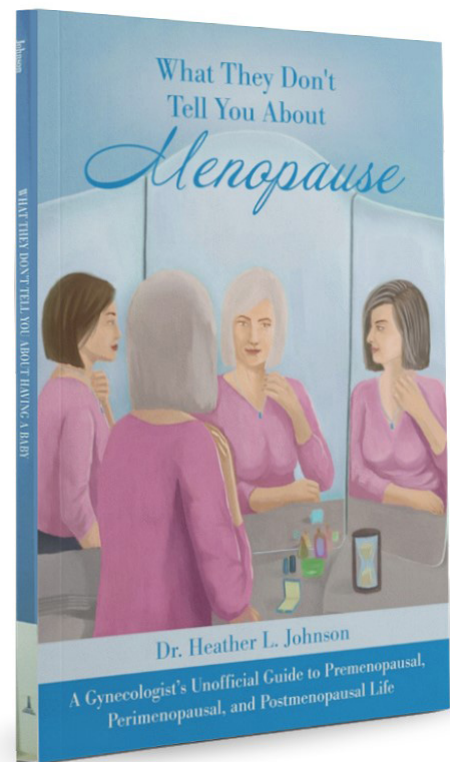
"As a physician, and as a mother, I can't recommend this book enough. It is a treasure trove of relatable stories & reliable information from one of the DC Metro area's most esteemed physicians. It is a great read for anyone considering motherhood."

Available online at:

Amazon.com: <https://tinyurl.com/mr33cttr>

Barnes & Noble: <https://tinyurl.com/54enbd6h>

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#### **What They Don't Tell You About Menopause** A Gynecologist's Unofficial Guide to Premenopausal, Perimenopausal and Postmenopausal Life

"I wish this book had been written several years ago! Dr. J shares her medical knowledge in a way that is easy to read, & covers everything you didn't have time and didn't know to ask on your last office visit. I am very thankful for this book!"

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"Very helpful in answering nagging, anxious and frustrating menopausal questions. It helped to clear up some of the ERT/HRT anxiety, so I should have that discussion with my doctor for help."

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"Just what I needed! Thanks Dr. Johnson! This book explained so much of what I was feeling and didn't know was connected to menopause. I love the tone, honesty, and transparency of this book! Thanks Dr. Johnson! You've come through for me yet again!"

Available online at:

Amazon.com: <https://tinyurl.com/zk8s8jdx>

Barnes & Noble: <https://tinyurl.com/bdenw4yc>

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